Colorectal Guidelines for Surveillance
MaineHealth System

<table>
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<th>Original Date: 12-6-2017</th>
<th>Review Date: 12-18-19</th>
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<td>MaineHealth Colorectal Work Group</td>
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Stage I with full staging

**Coordinating Provider is Medical Oncologist or PCP if no Medical Oncologist**

**History and Exam at 1 year**

- Colonoscopy at 1 year
  - Except if no preoperative colonoscopy due to obstructing lesion, then in 3-6 months
  - If advanced adenoma, repeat in 1 year and follow AGA guidelines
  - If no advanced adenoma repeat in 3 years, then every 5 years

**Stage II**

**Coordinating Provider is Medical Oncologist for first 5 years, PCP after 5 years**

- **H&P**
  - Every 3-6 months for a total of 5 years
- **CEA**
  - Every 3-6 months for a total of 5 years
- **Chest/abdominal/pelvic CT**
  - Annually for 5 years, except for high risk (will be individualized for high risk patients)
- **Colonoscopy at 1 year**
  - Except if no preoperative colonoscopy due to obstructing lesion, then in 3-6 months
  - If advanced adenoma follow AGA guidelines
  - If no advanced adenoma repeat in 3 years, then every 5 years

**Stage III**

**Coordinating Provider is Medical Oncologist for first 5 years, PCP after 5 years**

- **H&P**
  - Every 3-6 months for a total of 5 years
- **CEA**
  - Every 3-6 months for a total of 5 years
- **Chest/abdominal/pelvic CT**
  - Annually for 5 years, except for high risk (will be individualized for high risk patients)
- **Colonoscopy at 1 year**
  - Except if no preoperative colonoscopy due to obstructing lesion, then in 3-6 months
  - If advanced adenoma follow AGA guidelines
  - If no advanced adenoma repeat in 3 years, then every 5 years

**Stage IV Curative**

**Coordinating Provider is Medical Oncologist for first 5 years, PCP after 5 years**

- **Curative**
  - **H&P**
    - Every 3-6 months for a total of 5 years
  - **CEA**
    - Every 3-6 months for a total of 5 years
  - **Chest/abdominal/pelvic CT**
    - Annually for 5 years, except for high risk (will be individualized for high risk patients)
  - **Colonoscopy at 1 year**
    - Except if no preoperative colonoscopy due to obstructing lesion, then in 3-6 months
    - If advanced adenoma follow AGA guidelines
    - If no advanced adenoma repeat in 3 years, then every 5 years

- **Palliative**
  - Individualized, patient-specific treatment