Increasing fresh, healthy, local fruit and vegetable purchases

FY19 employee survey results showed 64% of respondents look for/want better access to local foods in the cafeteria. 94% believe local foods are more supportive of farmers and better for the environment.

In FY19, hospitals purchased 81,400 pounds of fresh, healthy local produce, 50% more pounds than FY17.

Between FY17-19, hospitals increased total dollars spent on fresh, healthy local produce by 38%.

Between FY17-19, hospitals purchased local produce from a total of 7 vendors and 21 farms.

Building healthier cafeteria environments

Between FY17-19, 100% of hospitals increased their Healthier By Design scorecard scores from baseline. In FY19, 8/11 hospitals met the “Gold” criteria by implementing at least 75% of healthy cafeteria recommendations included in the scorecard.

Healthy beverages continue to be preferred! In FY19, 66% of surveyed employees reported that drinking less or no sugary beverages, and drinking healthier options instead, was important to them.

Between FY17-19, 100% of hospitals increased their promotion of local products, many through Nourished by New England (a program of Health Care Without Harm).