



## **A Matter of Balance: Managing Concerns About Falls Guest Healthcare Professional Responsibilities**

### **Purpose of Guest Healthcare Professional Visit:**

- To provide a link to the medical community since the curriculum is presented by lay leaders
- To respond to questions from participants in class
- To provide a demonstration of how to get up from the floor for the participants using Handout 7.3

### **Criteria for Professional**

- Education Degree as Physical Therapist, Occupational Therapist, Nurse, or Exercise Physiologist or Graduate:
- Advanced students in the fields of Physical Therapy, Occupational Therapy, Nursing, or Exercise Physiology may be appropriate
- Good communication and interpersonal skills
- Ability to discuss fall prevention with a small group
- Coordinate visit to A Matter of Balance class with Master Trainer
- Answer questions from participants in the class, refer to “Frequently Asked Questions”
- Provide demonstration of how to respond to a fall if one should occur and how to safely get up from the floor (participants will not provide a return demo in the class)

### **Experience/ Education**

- Awareness of fall prevention strategies
- Knowledge of A Matter of Balance Program
- Review of the Guest Healthcare Professional Handbook to acquaint yourself with fundamentals of the curriculum
- Review of Frequently Asked Questions located in the Handbook

### **Classroom Responsibilities**

- Provide a visit lasting 45 minutes to an hour.
- Engage with participants in class
- Demonstrate Handout 7.3

### **Confidentiality, Communication, & Record Keeping**

- All participant information is confidential.
- The Master Trainer will provide support and answer any questions from the Guest Healthcare Professional prior to class visit.
- Class site information is provided to the Guest Healthcare Professional by Master Trainer or coordinator