

Where to Go for Care

Call your primary care provider, even after hours, if you are unsure where to go.



PRIMARY CARE OFFICE



The go-to place for managing your health care. Your primary care provider knows your medical history best.

OPEN: Weekdays. Some offices have early, late and weekend appointments. Providers always on call.

GOOD FOR:

- Animal Bites
- Asthma
- Concussions
- Dental pain
- Sprains and strains
- Vomiting and diarrhea
- Annual physicals and wellness exams
- Anxiety and depression
- Blood pressure checks
- Chronic conditions
- Colds, cough, sore throat and flu
- Medicine refills/management
- Minor cuts and burns
- Routine screenings
- Vaccines



EMERGENCY ROOM



The emergency department provides 24-hour care for individuals with urgent medical and traumatic conditions.

OPEN: Always.

GOOD FOR:

- Sudden numbness, weakness, speech difficulty or sudden loss of vision
- Broken bones
- Chest pain
- Fever ≥ 100.4 in a child less than 3 months old
- Loss of vision
- Mental health crisis
- Shortness of breath
- Severe belly pain
- Uncontrolled bleeding
- Vomiting blood

For medical emergencies that may be life-threatening call 9-1-1.

This is a general guide. Cost, hours and available treatment will vary.

