STRATEGY 6: Participate in Local, State and National Initiatives that Support Healthy Eating and Active Living

how to implement

Get involved with one of these excellent initiatives:

• Farm to Preschool www.farmtopreschool.org

• WinterKids Preschool GOAL www.winterkids.org

• Cooking Matters for Child Care Professionals class www.gsfb.org/how-we-help/programs/cooking-matters-maine

• Let’s Move Child Care www.healthykidshealthyfuture.org

Use national healthy observations

• Use Healthy Dates to Celebrate to enhance your curriculum.

here there and everywhere!

Bring fresh ideas and resources to your Let’s Go! work when you participate in other initiatives that support healthy behaviors.

Bolded items mean there is a supporting handout in this section!

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S210