

SERVICES

for Children with Intellectual and Developmental Disabilities

Children with intellectual and developmental disabilities receive services from multiple professionals within child care, school, health care, community, and home settings. These professionals are part of a child's support team. It is helpful to understand the services provided by these different professionals in order to work together to support children's healthy behaviors.

School or Program-Based Services

Board Certified Behavior Analysts (BCBA) analyze children's behavior in different settings to develop plans that promote desirable behavior.

Educational Technicians (Ed Tech) provide instructional support to children under the direct supervision of a teacher.

Occupational Therapists (OT) provide services that enhance children's ability to function in different environments. An OT may teach daily living skills like eating and cooking; fine motor skills like using scissors and tying shoes; and gross motor skills like walking. An OT can also address sensory processing issues, such as oversensitivity to certain food textures.

Physical Therapists (PT) provide services that address children's posture, muscle strength, mobility, and range of motion.

Recreation Therapists (RT) provide services that address children's physical and social skills to improve their participation in recreational and leisure activities.



Social Workers provide services that address children’s mental or behavioral health. They provide positive behavioral support, classroom support, and individual and group counseling in the school, home, and community. They help children and their families access resources outside of school and can help coordinate services.

Special Educators help children achieve their highest potential and progress beyond their limitations. Special educators work directly with children but also determine how children can be accommodated in regular education settings.

Speech and Language Pathologists (SLP) provide services that address children’s communication problems, such as impaired articulation, and social skills, such as starting a conversation or taking turns.

Home and Community-Based Services

Behavioral Health Professionals (BHPs) work directly with children in their home or community to provide support services. BHPs implement Individual Treatment Plans under the supervision of more highly-trained staff.

Case Management is a MaineCare-reimbursed service for children ages 0 to 20 diagnosed with a mental health, intellectual or developmental disability or for children ages 0 to 5 who are at risk of developmental delay. Case managers provide support to children and their families while connecting them to resources and services in their own communities.

Home and Community Treatment (HCT) is a MaineCare-reimbursed service for children ages 0 to 20 who have significant behavioral challenges. HCT provides children and their families with short-term, intensive counseling and support. Services are described in a child’s Individual Treatment Plan (ITP). HCT services may also be referred to as **“Section 65 Services,”** which is the section of the MaineCare manual that describes them.

In-home support is a MaineCare-reimbursed service for qualifying children ages 0 to 20 who need support and supervision for daily living, social skills, and behavior. Services are described in a child’s Individual Treatment Plan (ITP). In-home support services may also be referred to as **“Section 28 Services,”** which is the section of the MaineCare manual that describes them.