STRATEGY 10: Collaborate with Food and Nutrition Programs to Offer Healthy Food and Beverage Options

why does this matter?

Food and nutrition programs are essential partners in the mission to promote healthy eating.

Collaboration with food and nutrition programs provides guidance and expertise around nutritious meals and snacks.¹-³

Food and nutrition programs can reinforce positive nutrition messages by hosting educational food activities such as Eat Your Way through the Rainbow, March through the ABCs, taste testing, and kitchen tours.¹-³

Collaboration can help incorporate nutrition education into the curriculum.¹-³

References