

FOOD REWARDS TRACKER



Tracking the food rewards a child receives over the course of a day will show how often families, teachers, and service providers rely on food to reinforce desirable behavior. Pass around this tracker to each adult a child spends time with to capture the type of food being used, person providing the reward, and the targeted behavior. Once the tracker is complete, the team can work together to replace the food rewards.

Child's Name: _____

Date: _____

FOOD REWARD	WHO PROVIDED THE REWARD? (NAME AND ROLE)	TARGETED BEHAVIOR
Ex: Goldfish	Cindy, Ed Tech	Not running in the hall

