Name: ____________________ Vacation Dates: __________________

• Cook dinner for your family
• Look through your fridge and make up new healthy recipes. Write them down and try them out!
• Make a fruit smoothie
• Go on a hike
• Go sledding
• Learn all the lyrics to your favorite song
• Teach your pet a new trick
• Volunteer in your community
• Have a picnic with a group of friends
• Play tug of war, hopscotch, or red rover in the snow
• Teach yourself a new language – or make one up with your friends!
• Set up a tent or sleeping bags in your backyard and camp out
• Go swimming
• Play cards
• Make a music video for your favorite song with friends
• Sketch or paint a plant growing in your backyard
• Set a fitness goal for yourself (example: 20 push-ups in a row) and work towards it every day
• Create your own Mad Libs and fill them out with friends and family
• Find a community event you wouldn’t normally go to and check it out
• Become an expert on something you’re interested in by going to the library for a day and reading all about it
• Join or start a book club
• Handwrite a letter to a family member or friend
• Have a sandcastle or snowman making contest with your friends
• Go bowling