

We Want to Hear from You

THE *LET'S GO!* SURVEY

**Remember,
the survey needs
to be completed
every year!**

We know you are busy,
so we keep the survey
as short and quick as
possible.

We thank you in
advance for filling it out
on behalf of your site
each year.

Annually, in the spring, *Let's Go!* surveys our registered sites to measure progress on the implementation of our three clinical strategies:

1. Connecting to your community and *Let's Go!* by hanging a *Let's Go!* poster in the waiting room and ALL exam rooms where pediatric patients are seen.
2. ALL providers accurately weighing and measuring patients by determining body mass index (BMI), BMI percentile, and weight classification for all patients ages two years and older at well-child visits.
3. ALL providers regularly engaging in respectful conversations with patients about weight by using the 5-2-1-0 Healthy Habits Questionnaire at well-child visits.

Why is it important to complete the survey?

- Your site becomes eligible to qualify as a *Let's Go!* Health Care Site of Distinction.
- You paint the picture of how Maine's environment is changing to support healthy eating and active living.
- You help inform new initiatives around the assessment, management, and treatment of childhood obesity.
- You help build the evidence for the *Let's Go!* Health Care program.
- You're telling us that your site still wants to participate in *Let's Go!*.

Let's Go! can provide support throughout the year to help your practice qualify as a Site of Distinction. We can provide you with posters and/or schedule a site visit with a health care champion.

