Health Care Practices Can Increase Healthy Eating and Active Living Through Let’s Go!’s

5 STEP PATH TO SUCCESS

1. Engage
2. Assess Office Environment
3. Implement Strategies
4. Complete Survey
5. Celebrate

New Sites:
Sign up through the Let’s Go! Home Office.

Returning Sites:
You will hear from the Let’s Go! Home Office.

Program year begins July 1st.

Assess your office environment and practices. Use the Getting Started Checklist to get your team organized.

Implement the 3 Let’s Go! strategies. Engage in one or more types of technical assistance as needed.

Complete the Let’s Go! Survey each spring based on the strategies your site has in place.

Share your successes with other staff, senior leadership, patients, and the community.

Let’s Go! www.letsgo.org