STRATEGY 10: Collaborate with Food and Nutrition Programs to Offer Healthy Food and Beverage Options

Collaborate with food and nutrition programs:

• Have a member of the School Nutrition Program on your Let’s Go! team.

• Understand The Role of School Nutrition Programs in Let’s Go!

• Work with kids to Build a Healthy Lunch.

• Create a Cafeteria-Sponsored Snack Program.

• Create a Cafeteria to Classroom Connection.

• Conduct Taste Tests.

• Support cafeteria staff in implementing Let’s Go! Smarter Lunchroom practices.

• Complete the Smarter Lunchroom Scorecard with your cafeteria manager.

• Support Healthy School Meals.

• Support the Cafeteria as a Learning Lab.

• Review 10 Things You Always Wanted to Know About Your School Nutrition Program.

Arm yourself with knowledge:

• Nutrition Standards for School Lunch.

• Nutrition Standards for Snacks Sold in School.