STRATEGY 7: Engage Community Partners to Help Support Healthy Eating and Active Living

how to implement

Community partners can add expertise and extra hands to your Let’s Go! efforts. Think about how you might include one of the community partners in your plan for the year.

Bolded items mean there is a supporting handout in this section!

Engage community partners:

• Ask SNAP educators to provide nutrition education.

• Ask Health professionals such as your school physician, local pediatrician, or nutritionist to come share their expertise.

• Ask Cooperative Extension Master Gardeners to help with your school garden.

• Invite local college students to lead a healthy activity.

• Partner with your local food bank to do a healthy food drive using the Please Give Nutritiously handout.

• Take a tour of a local farm to learn how fruits and vegetables are grown.

• Seek funding using the Sample Language for Requesting Support from Local Businesses.

• Involve kids in Activities that Involve the Community in healthy eating and active living.