STRATEGY 6: Participate in Local, State and National Initiatives that Support Healthy Eating and Active Living

how
to implement

Bring fresh ideas and resources to your Let's Go! work when you participate in other initiatives that support healthy behaviors.

Bolded items mean there is a supporting handout in this section!

Get involved with one of these excellent initiatives:

• Farm to School www.farmtoschool.org
• WinterKids Guide to Outdoor Active Learning www.winterkids.org
• Let's Move Active Schools www.letsmoveschools.org
• Fuel Up to Play 60 www.fueluptoplay60.com
• Safe Routes to School www.saferoutestoschools.org
• Team Nutrition www.healthymeals.nal.usda.gov
• Smarter Lunchrooms www.smarterlunchrooms.org

Use national healthy observations:

• Use Healthy Dates to Celebrate to enhance your curriculum.

here there and everywhere!

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