**STRATEGY 10:** Collaborate with Food and Nutrition Programs to Offer Healthy Food and Beverage Options

**why does this matter?**

Food and nutrition programs are essential partners in the mission to promote healthy eating.

Collaboration with food and nutrition programs *provides guidance and expertise* around nutritious meals and snacks.²⁻³

**Food and nutrition programs can reinforce positive nutrition messages** by hosting educational food activities such as Eat Your Way through the Rainbow, March through the ABCs, taste testing, and kitchen tours.²⁻³

Collaboration can *help incorporate nutrition education into the curriculum.*²⁻³

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**References**