

TREATMENT

Treatment Teams

The treatment team is made up of professionals who are working together to provide services to the patient. The patient is the central part of the treatment team. Members of the treatment team include (but are not limited to) the patient, psychiatrist, nurse, psychiatric technician (psych tech), social worker, dietician, and primary care provider. If you have any questions or concerns call the unit nursing station and ask to speak to a member of the treatment team.

Medications

The need for medications is carefully assessed at the time of admission and throughout hospitalization. Medications may or may not be determined to be useful for individual patients. If you have any questions about a patient's medications you can ask a member of the treatment team.

Groups

Daily groups are offered to teach patients how to make healthy changes in their lives and manage stress in positive ways. Patients are encouraged to attend groups based on their clinical condition and ability to participate.

Length of Hospital Stay

The length of stay is determined by an individual patient's symptoms and response to treatment. On the adult units, the length of stay is approximately one week. Discharge planning begins on the day of admission and continues throughout the patient's stay. As a family member you are encouraged to communicate with the treatment team about discharge planning. Our goal is stabilization of the patient in preparation for returning to the community and to outpatient providers.

Code Gray

SHH staff works to ensure a safe environment for all but there are occasions when a behavioral crisis develops with a patient on one of the units. Our response to this is to call a Code Gray. Staff trained in behavioral de-escalation techniques will respond.

RIGHTS

Respecting and honoring patients' rights is part of the hospital's core values. If you have concerns regarding the rights of a patient you can discuss them with the nurse manager, attending physician, or other member of the patient's treatment team. If you would like additional information regarding patients' rights you can request a copy of the brochure, "Your Rights as a Patient."

SMOKING

Our building and property are smoke free including our parking lots and any vehicles on-site. We provide support and resources for patients who are smokers. If you are aware of a patient having difficulty with nicotine withdrawal, please let a staff member know. We thank you for supporting our smoke-free environment.

For more information please contact the nursing station (numbers listed on the front page) and ask to speak to the assigned nurse.