## COPD Patient Hospital Care Plan

<table>
<thead>
<tr>
<th>Your Medical Team</th>
<th>On Day One</th>
<th>On Day Two</th>
<th>From Day Three to Discharge</th>
</tr>
</thead>
</table>
| Will monitor your:| • Breathing and lung functioning  
• Vital signs and oxygen saturation  
• Comfort level  
• Smoking and vaccination history | Will monitor your:  
• Breathing  
• Comfort level | • Review new medications and possible side effects  
• Pneumonia and flu vaccine if needed |
| **Medication** | You may need:  
• IV or oral medications, such as antibiotics or steroids and nebulizers  
• Nicotine replacement | • You may be transitioned to inhalers |   |
| **Nutrition** | • You may eat and drink as you like unless you are on a special diet. |   |   |
| **Activity/Rest** | • Up to Chair for all meals  
• Walk as tolerated. Staff will assist you as needed. | • Avoid being around visitors and people with colds or recent infections  
• Rehab medicine may see you to check your need for assistance with activity  
• Walk as tolerated  
• Up to chair for meals |   |
| **Testing/Treatments** | Possible tests / treatments:  
• Chest X-ray  
• Blood work  
• Oxygen if needed | • We will work towards improving your breathing |   |
| **Education** | We will teach you about:  
• Stopping tobacco use  
• Airway clearance and breathing exercises  
• Living with COPD  
• Meal size | We will:  
• Teach you correct inhaler use  
• Help you stop tobacco use | We will:  
• Review your discharge instructions and medication list  
• Review correct inhaler use and breathing exercises  
• Review your COPD action plan |
| **Planning for Your Discharge** | • A Care Manager will meet with you and your family to talk about leaving the hospital safely. This may include medication and equipment affordability. | • A Care Manager will meet with you and your family to talk about your needs based on your progress. | We will:  
• Help you plan for a safe discharge  
• Schedule follow up care with your primary care provider  
• Provide a summary of your hospital stay and medications to your primary care provider |