

### Community Health & Wellness Services and Schedule


◆Footcare \$30 ◆Fingernail Care \$5

To schedule an appointment at our clinic or to learn more about home health services, please call:

**1 800-660-4867 or 284-4566**

**\*services include free blood pressures and health education\***

### July 2019 Clinic Schedule

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>1</b> Bradford Common <u>KENNEBUNK</u> Residents Only	<b>2</b>	<b>3</b> Piper Shores <u>SCARBOROUGH</u> Residents Only	<b>4</b> 	<b>5</b>
<b>8</b> MaineHealth Care at Home <u>SACO</u> Public Clinic	<b>9</b> Sam L. Cohen Center <u>BIDDEFORD</u> Public Clinic	<b>10</b> Holbrook <u>SCARBOROUGH</u> Residents Only	<b>11</b> YMCA Trafton Senior Center <u>SANFORD</u> Public Clinic	<b>12</b>
<b>15</b> Oceanview <u>FALMOUTH</u> Residents Only	<b>16</b>	<b>17</b> Piper Shores <u>SCARBOROUGH</u> Residents Only	<b>18</b> Mayflower Place <u>SANFORD</u> Residents Only	<b>19</b> MaineHealth Care at Home <u>KENNEBUNK</u> Public Clinic
<b>22</b> Huntington Common <u>KENNEBUNK</u> Residents Only	<b>23</b> Paul Hazelton House <u>SACO</u> Residents Only	<b>24</b>	<b>25</b> The Pines <u>OCEAN PARK</u> Residents Only	<b>26</b>
<b>29</b>	<b>30</b>	<b>31</b> YMCA Trafton Senior Center <u>SANFORD</u> Public Clinic		

**\*\*PLEASE NOTE:** Clinic schedule may change due to demand. Clinics generally run from 8:30am – 2:00pm

*Thank you to the Parsons Family Trust for generously supporting our Kennebunk Community Health Clinics.*

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### August 2019 Clinic Schedule

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			<b>1</b> MaineHealth Care at Home <u>SACO</u> Public Clinic	<b>2</b> Northfield Green <u>PORTLAND</u> Public Clinic
<b>5</b> Bradford Common Bradford Court <u>KENNEBUNK</u> Residents Only	<b>6</b> 100 State St 10 Congress Square Plaza <u>PORTLAND</u> Residents Only	<b>7</b> Piper Shores <u>SCARBOROUGH</u> Residents Only	<b>8</b> YMCA Trafton Senior Center <u>SANFORD</u> Public Clinic	<b>9</b>
<b>12</b> MaineHealth Care at Home <u>SACO</u> Public Clinic	<b>13</b> St. Andre Health Care <u>BIDDEFORD</u> Public Clinic	<b>14</b> Municipal Center <u>SOUTH BERWICK</u> Public Clinic	<b>15</b>	<b>16</b> MaineHealth Care at Home <u>KENNEBUNK</u> Public Clinic
<b>19</b> Wardwell <u>SACO</u> Public Clinic	<b>20</b> Unity Gardens <u>WINDHAM</u> Public Clinic	<b>21</b> Piper Shores <u>SCARBOROUGH</u> Residents Only	<b>22</b> Atria <u>KENNEBUNK</u> Residents Only	<b>23</b>
<b>26</b> Huntington Common <u>KENNEBUNK</u> Residents Only	<b>27</b> Salvation Army <u>PORTLAND</u> Public Clinic	<b>28</b> YMCA Trafton Senior Center <u>SANFORD</u> Public Clinic	<b>29</b>	<b>30</b>

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### September 2019 Clinic Schedule

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>2</b>  <b>HAPPY LABOR DAY</b>	<b>3</b>	<b>4</b> Piper Shores <u>SCARBOROUGH</u> Residents Only	<b>5</b> MaineHealth Care at Home <u>SACO</u> Public Clinic	<b>6</b>
<b>9</b> MaineHealth Care at Home <u>SACO</u> Bradford Common <u>KENNEBUNK</u> Residents Only	<b>10</b> Sam L. Cohen Center <u>BIDDEFORD</u> Paul Hazelton House <u>SACO</u> Residents Only	<b>11</b> Holbrook <u>SCARBOROUGH</u> Residents only	<b>12</b> YMCA Trafton Senior Center <u>SANFORD</u> Public Clinic	<b>13</b>
<b>16</b> Oceanview <u>FALMOUTH</u> Residents Only	<b>17</b>	<b>18</b> Piper Shores <u>SCARBOROUGH</u> Residents Only	<b>19</b> Mayflower Place <u>SANFORD</u> Residents Only	<b>20</b> MaineHealth Care at Home <u>KENNEBUNK</u> Public Clinic
<b>23</b> Huntington Common <u>KENNEBUNK</u> Residents Only	<b>24</b>	<b>25</b> YMCA Trafton Senior Center <u>SANFORD</u> Public Clinic	<b>26</b> The Pines <u>OCEAN PARK</u> Public Clinic	<b>27</b>
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