Our annual Health Index Report monitors seven health indicators to inform our strategic actions for improving the health of the populations we serve. The Community Health Needs Assessment examines health status, use of health services, and access and barriers to health care.

**CHRONIC DISEASE**
Our evidence-based programs improve care and outcomes for people living with chronic diseases such as diabetes, asthma, chronic obstructive pulmonary disease, behavioral health issues and tobacco dependence.

**HOME HEALTH CARE**
High-quality, home-based health services are delivered by local teams of nurses, physical and occupational therapists, speech language pathologists, home health aides, nutritional counselors and social workers who help patients regain strength after surgery, manage chronic illness and achieve a higher quality of life.

**PREVENTION AND WELLNESS**
Our broad range of systemwide community health improvement and prevention programs support health and wellness at all stages of life — from making sure children are up to date on immunizations, to supporting healthy eating and active living, to supporting older adults in falls prevention.

**HOSPITAL CARE**
We aim to provide the highest quality care and experience for patients staying in our hospitals. This includes, but is not limited to, best practices around heart care, surgical care, emergency care, and antibiotic usage.

**TELEHEALTH**
Our Telehealth Program integrates, advances and optimizes the use of telehealth technologies to provide access to specific services to remote areas.

**DATA REPORTING AND EVALUATION**
Our annual Health Index Report monitors seven health indicators to inform our strategic actions for improving the health of the populations we serve. The Community Health Needs Assessment examines health status, use of health services, and access and barriers to health care.

**TRANSITION OF CARE**
We work to ensure patients receive excellent coordination of care across the continuum, from home to hospital to community-based provider or skilled nursing facility.

**ACCESS TO CARE**
We help to educate and enroll people in various state, federal and private health insurance programs and benefits, and provide donated health care services, as well as free or low-cost medications, to low-income, uninsured patients.

**EDUCATION, RESEARCH AND TRAINING**
We are dedicated to training the next generation of physicians, nurses and health care professionals. Maine Medical Center is northern New England’s premier teaching hospital and Maine’s only academic medical center, it conducts leading-edge biomedical research through MMC Research Institute. Educational and leadership development opportunities across our health system assist providers and care teams in achieving patient-centered health care goals. MaineHealth Education & Training provides clinicians and patients with access to high-quality education across all points of care.

**PERFORMANCE IMPROVEMENT**
Our Center for Performance Improvement works collaboratively across the MaineHealth system to improve the efficiency of clinical care delivery and to keep health care affordable.

**BEHAVIORAL HEALTH**
We’re committed to creating a seamless system of behavioral health services that coordinates hospital psychiatric care with community-based treatment services, and integrates access to behavioral health care with primary care services.

**WORKING TOGETHER SO OUR COMMUNITIES ARE THE HEALTHIEST IN AMERICA**
MaineHealth is an integrated health care network of hospital systems, outpatient centers, home health agencies, outpatient surgery centers, laboratories, behavioral health services and more than 19,000 dedicated providers and employees working together to support care delivery. We share best practices and invest in clinical and community programs, training and resources to improve the health status of our communities. Together, we advocate for local, state and national policies that support the health and well-being of the people and communities we serve.