MaineHealth COVID-19 Testing Algorithm

Severe Symptoms Requiring Hospitalization
Label as #1—High Priority Specimen

Healthcare Workers Essential to Return to Work*
First Responders
Label as #1—High Priority Specimen

Long-Term Care Nursing Homes
Label as #1—High Priority Specimen

Live in Congregate Settings
• Group Homes
• Shelters
• Corrections Facilities

Clinically High Risk
• Adults 65 or older
• Chronic disease - COPD, Asthma, Cardiovascular, Diabetes, Kidney
• Immunocompromised
• Morbid obesity

Asymptomatic with or without exposure

< 65 years old without any of the risk factors below

DO NOT TEST

Signs & Symptoms:
Fever or chills, new loss of taste or smell, new cough, shortness of breath, muscle aches, or sore throat

Updated 4/29/20

Administrative Testing:
• Women in active labor—Label as #1—High Priority Specimen
• Discharge to SNF/LTC if required
• Psychiatric admissions coming from congregate living settings

TEST

*Symptomatic healthcare workers with high-risk exposure do not need testing because they will be quarantined for 14 days

MaineHealth

PATIENT CENTERED | RESPECT | INTEGRITY | EXCELLENCE | OWNERSHIP | INNOVATION