MaineHealth COVID-19 Testing Algorithm

Severe Symptoms Requiring Hospitalization
- Signs & Symptoms: fever, new cough, shortness of breath, muscle aches, or sore throat
- Label as #1—High Priority Specimen

Healthcare Workers Essential to Return to Work*
- First Responders
- Label as #1—High Priority Specimen

Long-Term Care Nursing Homes
- Label as #1—High Priority Specimen

Live in Congregate Settings
- Group Homes
- Shelters
- Corrections Facilities

Clinically High Risk
- Adults 65 or older
- Chronic disease - COPD, Asthma, Cardiovascular, Diabetes, Kidney
- Immunocompromised
- Pregnant Women in 3rd Trimester

Asymptomatic with or without exposure

< 65 years old without any of the risk factors below

DO NOT TEST

*symptomatic healthcare workers with high-risk exposure do not need testing because they will be quarantined for 14 days

Tests labeled as #1, will be processed in the NorDx lab.