MaineHealth COVID-19 Testing Algorithm

Asymptomatic with or without exposure (except for HCWs and first responders)

Do NOT TEST

Asymptomatic with exposure

Healthcare Workers Essential to Return to Work

First Responders

Label as #1—High Priority Specimen

Severe Symptoms Requiring Hospitalization

Signs & Symptoms:
- Fever or chills
- New loss of taste or smell
- New cough
- Shortness of breath
- Muscle aches
- Sore throat

Label as #1—High Priority Specimen

Long-Term Care Nursing Homes

Label as #1—High Priority Specimen

Inpatient Administrative Testing:*
- Women in active labor—Label as #1—High Priority Specimen
- SHH, SMHC MHU, MMC P6, PARC—Label as #1—High Priority Specimen, await result for placement
- All hospital admissions

Ambulatory Asymptomatic Screening:*
- Asymptomatic Patients Upon Initiation of Chemotherapy or Radiation
  - Pre-operative testing

Anyone with mild or moderate symptoms

*Patients who have had a negative administrative test (PCR) in the MH system within the past 72 hours do not need re-testing