

Resources for ED provider discharging pt with COPD from the ED

Consider involving/contacting:

Care Management

Respiratory Therapy – can do bedside teaching and medication review

Pharmacy – can do bedside teaching and medication review

Primary Care- consider calling/messaging patient's PCP, especially if multiple ED visits

Pulmonology –consider discussing with pt's pulmonologist if possible; if the patient is not seen by pulmonary medicine and you think they may benefit, contact the on-call pulmonologist to discuss.

Direct placement to NERH in conjunction with care management—see document with criteria

Home resources in conjunction with care management

Resources for patients: use dotphrase .COPDDC

Resources for patients with Chronic Obstructive Pulmonary Disease (COPD)

Online Education Resources:

www.copdfoundation.org

www.copd.com

www.copd-international.com

www.lung.org (American Lung Association)

www.thoracic.org

Outpatient Pulmonary Rehabilitation Programs

Pulmonary rehabilitation programs include education and exercise training to reduce symptoms and improve quality of life. You can ask your primary doctor or pulmonologist about pulmonary rehabilitation or call the programs listed for more information.

CMMC (Lewiston)	795-8225
EMMC (Bangor)	973-4600
ME General (Augusta)	626-1311
Me General (Waterville)	872-1353
NERH (Portland)	662-8377
Redington Fairview Hospital (Skowhegan)	858-2273
SMMC (Biddeford, Sanford)	283-7789

COPD Support Groups

Groups meet regularly to share educational information and support among people with chronic lung diseases. Call for more information.

CMMC Better Breather's Club (Lewiston)	786-2211
EMMC (Bangor)	973-4600
NERH (Portland)	662-8589
Redington Fairview Hospital (Skowhegan)	858-2318

Disease Self-management

The Southern Maine Area Agency on Aging (SMAAA) offers a 6-session workshop on "Living Well for Better Health" for people with chronic diseases including COPD at a number of sites throughout southern Maine. For more information visit www.smaaa.org or call 1-800-427-7411.