ALLERGIC REACTION

CDU INCLUSION CRITERIA

• Stable Vital Signs
• Airway patent and no evidence of impending compromise
• Partial response to initial ED therapy
• Potential to discharge in 23 hours

CDU EXCLUSION CRITERIA

• Unstable vital signs
• Active bronchospasm, stridor, or significant airway involvement
• Requiring IV titrated medication (ex. Epinephrine)
• Acute altered mental status
• Unable to ambulate or not at baseline of ADLs
• Requires 1:1 nursing observation
• Severe systemic illness and/or comorbidities likely to complicate disposition decision

CDU INTERVENTIONS AS INDICATED

• Serial vital signs and re-evaluations
• Continuous pulse ox and telemetry monitoring
• IVF, labs
• Medications (ex. antihistamines, H2 blockers, corticosteroids)

CDU DISPOSITION

Home
• Allergic reaction resolved or significantly improved
• Stable vital signs and labs at disposition
• Tolerating adequate PO diet
• Consultant agreement if involved in decision making
• Adequate follow-up plan established

Admit
• Not improved or condition worsening
• PO intolerance
• EP or consultant discretion
• Does not meet discharge criteria after 23 hours of treatment

Revised 9/18/2014