

## ***ALLERGIC REACTION***

### **CDU INCLUSION CRITERIA**

- Stable Vital Signs
- Airway patent and no evidence of impending compromise
- Partial response to initial ED therapy
- Potential to discharge in 23 hours

### **CDU EXCLUSION CRITERIA**

- Unstable vital signs
- Active bronchospasm, stridor, or significant airway involvement
- Requiring IV titrated medication (ex. Epinephrine)
- Acute altered mental status
- Unable to ambulate or not at baseline of ADLs
- Requires 1:1 nursing observation
- Severe systemic illness and/or comorbidities likely to complicate disposition decision

### **CDU INTERVENTIONS AS INDICATED**

- Serial vital signs and re-evaluations
- Continuous pulse ox and telemetry monitoring
- IVF, labs
- Medications (ex. antihistamines, H2 blockers, corticosteroids)

### **CDU DISPOSITION**

#### **Home**

- Allergic reaction resolved or significantly improved
- Stable vital signs and labs at disposition
- Tolerating adequate PO diet
- Consultant agreement if involved in decision making
- Adequate follow-up plan established

#### **Admit**

- Not improved or condition worsening
- PO intolerance
- EP or consultant discretion
- Does not meet discharge criteria after 23 hours of treatment