Maine Medical Center  
Maine Transplant Program  
Living Donor Selection Criteria Worksheet

**Indications for Donation:**
- Yes ___ No ___ Voluntary and appropriate altruistic motivation
- Yes ___ No ___ Normal renal function (creatinine clearance above 85)
- Yes ___ No ___ Patient capable of understanding "Living Donor evaluation consent" which reviews risks associated with donation and complications.

**Absolute Contraindications:**

<table>
<thead>
<tr>
<th>Yes ___ No ___ Evidence of untreated TB</th>
<th>Yes ___ No ___ Pregnancy in last 6 months, or plan to become pregnant in the next 6 months</th>
</tr>
</thead>
<tbody>
<tr>
<td>Yes ___ No ___ History of Cancer within last 5 years (other than minor skin malignancies) or incomplete treatment of malignancy</td>
<td>Yes ___ No ___ Morbid Obesity (BMI &gt; 35)</td>
</tr>
<tr>
<td>Yes ___ No ___ Ongoing or recurring infections</td>
<td>Yes ___ No ___ Hypertension (see appendix B, Hypertension algorithm)</td>
</tr>
<tr>
<td>Yes ___ No ___ Evidence of potentially transmissible infectious disease</td>
<td>Yes ___ No ___ CAD or Valvular Heart Disease associated with increased risk of surgery</td>
</tr>
<tr>
<td>Yes ___ No ___ Active substance abuse</td>
<td>Yes ___ No ___ History of nephrolithiasis (see appendix C, Stone algorithm)</td>
</tr>
<tr>
<td>Yes ___ No ___ Diabetes or certain blood sugar abnormalities (see Appendix A, Diabetes algorithm)</td>
<td>Yes ___ No ___ Uncontrolled psychiatric disorders</td>
</tr>
<tr>
<td>Yes ___ No ___ Age under 18 (Age 18-24 requires documentation that the donor's maturity level has been addressed)</td>
<td>Yes ___ No ___ Any disease requiring treatment with renal toxic medication</td>
</tr>
<tr>
<td>Yes ___ No ___ ASA III or above</td>
<td>Yes ___ No ___ Stage 1 CKD as evidence by unexplained hematuria or proteinuria</td>
</tr>
<tr>
<td>Yes ___ No ___ Suspcion of illegal financial exchange between donor and recipient</td>
<td></td>
</tr>
</tbody>
</table>

**ILDA**
- Date Evaluated: ______________
- ___ No Concerns
- ___ Concerns
- ___ Acceptable
- Comments:

**Social Work**
- Date Evaluated: ______________
- ___ No concerns
- ___ Concerns
- ___ Acceptable
- Comments:

**Nutrition**
- Date Evaluated: ______________
- ___ No Concerns
- ___ Concerns
- ___ Acceptable
- Comments:

**Pharmacy (not required for all)**
- Date Reviewed: ______________
- ___ No Concerns
- ___ Concerns
- ___ Acceptable
- Comments:

**Financial**
- Date Evaluated: ______________
- ___ No Concerns
- ___ Concerns
- ___ Acceptable
- Comments:

**Coordinator**
- Date Evaluated: ______________
- ___ No Concerns
- ___ Concerns
- ___ Acceptable
- Comments:

**Patient is SUITABLE Candidate**
- Kidney to be recovered: ___ Right ___ Left
- Comments:

**Patient is NOT SUITABLE Candidate**
- Comments:

**Provider Signature**
- Date Reviewed
- 24 Hr Time

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Original Date: 4/9/12  
Updated: 9/5/12, 9/12/12, 2/12/15  
Reviewed: 2/16/18
A definition of substance abuse that is frequently cited is that in DSM-IV, the fourth edition of the Diagnostic and Statistical Manual of Mental Disorders (DSM) issued by the American Psychiatric Association. The DSM-IV definition is as follows:

A maladaptive pattern of substance use leading to clinically significant impairment or distress, as manifested by one (or more) of the following, occurring within a 12-month period:

1. Recurrent substance use resulting in a failure to fulfill major role obligations at work, school, or home (e.g., repeated absences or poor work performance related to substance use; substance-related absences, suspensions or expulsions from school; neglect of children or household)
2. Recurrent substance use in situations in which it is physically hazardous (e.g., driving an automobile or operating a machine when impaired by substance use)
3. Recurrent substance-related legal problems (e.g., arrests for substance-related disorderly conduct)
4. Continued substance use despite having persistent or recurrent social or interpersonal problems caused or exacerbated by the effects of the substance (e.g., arguments with spouse about consequences of intoxication, physical fights)
5. The symptoms have never met the criteria for Substance Dependence for this class of substance.

## American Society of Anesthesiologists Physical Status (PS) Classification System

<table>
<thead>
<tr>
<th>ASA PS Category</th>
<th>Preoperative Health Status</th>
<th>Comments, Examples</th>
</tr>
</thead>
<tbody>
<tr>
<td>ASA PS 1</td>
<td>Normal healthy patient</td>
<td>No organic, physiologic, or psychiatric disturbance; excludes the very young and very old; healthy with good exercise tolerance</td>
</tr>
<tr>
<td>ASA PS 2</td>
<td>Patients with mild systemic disease</td>
<td>No functional limitations; has a well-controlled disease of one body system; controlled hypertension or diabetes without systemic effects, cigarette smoking without chronic obstructive pulmonary disease (COPD); mild obesity, pregnancy</td>
</tr>
<tr>
<td>ASA PS 3</td>
<td>Patients with severe systemic disease</td>
<td>Some functional limitation; has a controlled disease of more than one body system or one major system; no immediate danger of death; controlled congestive heart failure (CHF), stable angina, old heart attack, poorly controlled hypertension, morbid obesity, chronic renal failure; bronchospastic disease with intermittent symptoms</td>
</tr>
<tr>
<td>ASA PS 4</td>
<td>Patients with severe systemic disease that is a constant threat to life</td>
<td>Has at least one severe disease that is poorly controlled or at end stage; possible risk of death; unstable angina, symptomatic COPD, symptomatic CHF, hepatorenal failure</td>
</tr>
<tr>
<td>ASA PS 5</td>
<td>Moribund patients who are not expected to survive without the operation</td>
<td>Not expected to survive &gt; 24 hours without surgery; imminent risk of death; multiorgan failure, sepsis syndrome with hemodynamic instability, hypothermia, poorly controlled coagulopathy</td>
</tr>
<tr>
<td>ASA PS 6</td>
<td>A declared brain-dead patient who organs are being removed for donor purposes</td>
<td></td>
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</tbody>
</table>

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