

How to Take Your Inhaler Medicines

Pressair Inhaler



1. Remove the cap.



2. Press the green button all the way down and then lift your finger



3. A green bar tells you the dose is ready.



A red bar tells you the dose is not ready.



4. Breathe out.



5. Place your lips around the mouthpiece; breathe in quickly until you hear a click. Hold your breath for 10 seconds.



6. Put the cap back on the inhaler.