

For more information

- MaineHealth Lung Health Program www.mainehealth.org/copd
- The MaineHealth Learning Resource Center has Health Educators who can help you find the information you need to manage your condition. Call 1-866-609-5183 or email healthquestions@mainehealth.org

Pulmonary Rehabilitation Programs - MaineHealth Network of Care

AUGUSTA	
MaineGeneral Health	207-626-1529
BIDDEFORD	
Southern Maine Health Care	207-283-7789
BRUNSWICK	
Mid Coast Hospital	207-373-6360
FARMINGTON	
Franklin Memorial Hospital	207-779-2734
LEWISTON	
St. Mary's Regional Medical Center	207-755-3000
NORTH CONWAY	
Memorial Hospital	603-356-0616
NORWAY	
Stephens Memorial Hospital	207-744-6380
PORTLAND	
New England Rehabilitation	207-662-8589
ROCKPORT	
Pen Bay Medical Center	207-921-8880
WATERVILLE	
MaineGeneral Health	207-872-1353

Pulmonary Rehabilitation Programs - Outside the MaineHealth Network of Care

BANGOR	
Eastern Maine Medical Center	207-973-4600
BANGOR	
St. Joseph Healthcare	207-907-1809
CALAIS	
Calais Regional Hospital	207-454-9217

CARIBOU	
Cary Medical Center	207-498-1616 or 207-498-1273
ELLSWORTH	
Maine Coast Memorial Hospital	207-664-5620
HOULTON	
Houlton Regional Hospital	207-521-2517
LEWISTON	
Central Maine Medical Center	207-795-8225
PITTSFIELD	
Sebasticook Valley Hospital	207-487-4082
PRESQUE ISLE	
The Aroostook Medical Center	207-768-4307
RUMFORD	
Rumford Hospital	207-369-1136
SKOWHEGAN	
Redington-Fairview General Hospital	207-858-2332
WATERVILLE	
Inland Hospital	207-861-5591

Pulmonary Support Groups

BANGOR	Better Breathers Club
St. Joseph Healthcare	207-907-1809
DAMARISCOTTA	Better Breathers Club
LincolnHealth	207-563-4540
LEWISTON	Better Breathers Club
Central Maine Medical Center	207-795-8225
NORTH CONWAY	Fresh Start Wellness Program
Memorial Hospital	603-356-0616
NORWAY	Support Group
Stephens Memorial Hospital	207-744-6380
PITTSFIELD	Better Breathers Club
Sebasticook Valley Hospital	207-487-4082
PORTLAND	Pulmonary Support Group
New England Rehabilitation	Better Breathers Club
	207-662-8589

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Please note: It is possible information has changed since the publication of this document.