Important information for MaineHealth Healthy HMO members

# Dealing with diabetes?

Here's a program to help you save money.

Living with a chronic condition like diabetes takes a little work and the willingness to make some changes on a daily basis. The good news is there's real help for living a healthier life. Plus, you may even be able to save money while managing your diabetes.

Anthem's ConditionCare Incentive Program (ACIP) helps you save money on costs related to managing your diabetes ... things like office visits and prescription drugs. Here's how:



#### Office visits:

**No copay**: If you pay a copay for office visits, you may not have to pay a copay when you see a doctor in your plan for ongoing treatment. Your doctor will file a claim. Based on the treatment you get during the visit, you may not be billed for any cost associated with that visit.

### **Prescription drugs:**

**Discounts**: You may be able to get special savings on specific ongoing maintenance and preventive drugs. When you fill your prescription, just show the pharmacist your member ID card. The pharmacist will automatically apply the savings.

### Get in on the savings

There are three ways to participate in the ACIP program:

- 1. Self-referral
- 2. Doctor referral
- 3. Customer Service referral

You'll get a welcome letter mailed to you within 3 to 5 business days once you sign up for the program. You may want to bring a copy of this letter with you the first time you see a doctor after you sign up. This is to make sure that your doctor writes down any notes relating to your condition on any bills he or she submits to Anthem. It's the condition on the bill that triggers the incentives under the program. You only need to show your member ID card at the pharmacy to have your prescription copays waived or reduced.

#### We're here for you. Let us help.

As an Anthem member, you can also get more personalized service and support to help you manage your diabetes through our ConditionCare program. This program gives you access to a team of specialists who will help you learn how to better deal with your diabetes to be as healthy as possible.

To sign up, call Customer Service at 1-800-527-7706 and ask to be part of Anthem's ConditionCare Program.

The Anthem ConditionCare <u>Incentive</u> Program: it pays to take good care of yourself.

## Want to sign up?

Just call Customer Service at 1-800-527-7706. You can also ask for a list of medical services and prescription drugs that may be eligible for savings under the program.



