Documenting Target Weight in SeHR (Epic) Inpatient

NOTE: CHF Target Weight (TW) can only be entered from within an encounter, not from just reviewing a chart.

In an Inpatient encounter:
   a. From the patient’s Storyboard, click on the Target Weight link to document ...
or...
   b. Navigate to the Target Weight Activity
   c. Document the patient’s CHF Target Weight
Target Weight (TW) - The weight at which the Heart Failure patient is stable on appropriate medications

Every Heart Failure patient should have a Target Weight to aim for.

How do we Set Target Weight?

Office Setting: Exam & History
- Jugular Venous Distention
- Peripheral Edema
- Rales
- Patient’s recent weights
- Clinical judgement

Other Settings, When Needed - Right heart catheterization

Target Weight (TW) is not a precise metric, but an estimate of where the patient will do best.

Adjust Target Weight as needed if patient loses or gains body mass

Heart Failure Tools and Resources - MaineHealth.org/hf