

The Scope

A Newsletter for Medical Professionals

August 23, 2017

“To study the phenomena of disease without books is to sail an uncharted sea, while to study books without patients is not to go to sea at all.”

- William Osler

The Scope appreciates the enthusiastic response of readers contributing quotes. Please submit a favorite you'd like to share with others by emailing [The Scope](#).

[A Compact Between Maine Medical Center and Its Medical Staff](#)

Peer Support

for the MMC Medical Staff

PeertoPeer@mmc.org

Physician leader: Christine Irish, MD

Confidential * One-on-One * Peer Support

Dear Members of the Maine Medical Center Medical Staff,

I hope you all had a chance to glimpse the eclipse (with protective eyewear, of course) on Monday. Observing astronomical phenomena and other natural wonders is a great way to break from the hustle and bustle, experience surroundings and cultivate gratitude. Another way is to share in meaningful discussions with colleagues by joining our [Brown Bag Series](#). We're starting up again this fall with "Identifying Practices that Keep Your Spirit Alive." See below for more information on this and future sessions to help you find that important work-life balance.

We're now taking nominations for [Med Staff Awards](#). Take a look at our newest award and send in your nominations.

As you know, the opioid crisis continues, and we want to support you as you treat patients with addiction. Please read the [EPCS Fact Sheet for treating Homeless, foreign and VA patients](#), some helpful [addiction treatment resources](#) and join us for a [summit on opioid use disorders](#).

Finally, the MMC Institute for Teaching Excellence (MITE) offers a new course in [Manuscript Peer Review](#). Join your colleagues for this interactive workshop.

Our next issue will be in September. Send us your articles and ideas, and remember that anyone can submit a quote for future issues – inspiring, funny or educational – we want to hear them! Until then, enjoy the late-summer sunshine.

Sincerely,



A handwritten signature in black ink that reads "Joel Botler MD".

Joel Botler, M.D.
Chief Medical Officer



A handwritten signature in black ink that reads "Lisa Almeder".

Lisa Almeder, M.D.
Medical Staff President

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Open Nominations for Med Staff Awards

By Lisa Almeder, M.D., Medical Staff President, Christopher Cary, M.D., Medical Staff President-Elect, Joel Botler, M.D., Chief Medical Officer

We are pleased to invite you to submit nominations for our third annual Medical Staff Awards to be announced at our upcoming Medical Staff Dinner Meeting on October 4. As you may recall, we awarded the inaugural Marjorie Boyd Award in 2015 and the inaugural Bud Higgins award in 2016. This year, we are adding an award to recognize an Exemplary Advanced Practice Provider.

The description of each award appears below. Please submit your nominations for *each* award by no later than Monday, September 11, by emailing medstaff@mmc.org. Please clearly indicate which award(s) each nomination is for.

The Marjorie A. Boyd, M.D., Award

The awardee embodies a clinician who truly puts patients first in all ways; provides care rooted in humanism; abides by the highest ethical standards; cares for and about colleagues and trainees; and demonstrates enduring service and commitment to the larger community.

Previous Recipients:

- Vincent N. Oliviero, M.D. (2015)
- Ann Marie E. Lemire, M.D. (2016)

The George L. Higgins III, M.D., Award

The award winner is a superior clinician, who is also widely recognized for both their dedication and their superlative abilities as an educator.

Previous Recipient:

- Virginia A. Eddy, M.D. (2016)

New: Exemplary Advanced Practice Provider Award

Please submit nominations of compassionate and dedicated Advanced Practice Providers, who are well-known for superb clinical and professional skills.

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EPCS Fact Sheet - Homeless, Foreign and VA Patients

By Karen Packard, Program Manager, Meaningful Use & EPCS

After many questions about homeless, foreign, and VA patients as it relates to EPCS, please [read this Fact Sheet](#), and distribute through whatever channels you see as appropriate.

In addition, the Maine PMP has clarified a number of ongoing questions:

- [EPCS Clarifications](#)
- [Opioid Dispensing Clarifications](#)

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Addiction Treatment Resources

By Kristen Silvia, M.D., Integrated Medication Assisted Therapy (IMAT) Program

The Integrated Medication Assisted Therapy (IMAT) Program has [compiled a list of area resources](#) for patients struggling with addiction, particularly opioid use disorder. These resources include medication assisted therapy programs, sober houses, and counseling services. We update these documents regularly. [Here are instructions for accessing the list from the Intranet.](#)

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Summit on Opioid and Other Substance Use Disorders

Embracing Substance Use Treatment and Recovery in Primary Care – A Community Approach

Wednesday, September 13

8 a.m. - 4:30 p.m.

USM Abramson Center Auditorium

Morning Session: 8 a.m. – 12:15 p.m. Clinical Tools for Treating SUD in Primary Care

Afternoon Session: 1 – 4:30 p.m. Developing a Community Approach to SUD Care

Primary care is in a pivotal position to address the opioid epidemic and other substance use issues facing Maine's citizens. It can only do so, however, in coordination with key community partners. Greater Portland Health in partnership with the Health Resources and Services Administration (HRSA), Co-Occurring Collaborative Serving Maine (CCSME), and Maine Medical Association (MMA) invite primary care providers and community organizations that serve people with substance use issues for a day-long summit exploring primary care's role in a community-wide approach to addressing substance use disorders.

There is no cost to attend and CEUs & CMEs will be available.

[See the event registration page for more information.](#)

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New MITE Course: Best Practices in Manuscript Peer Review

Sunday, October 15 - Saturday, November 18

Course leaders: Robert Bing-You, M.D., M.Ed., M.B.A., Wendy Craig, Ph.D., Vicki Hayes, M.D.

The 5-week course is entirely online and runs October 15 through November 18. Open to anyone of any discipline, at any location and with any level of experience with peer reviewing. No cost. CME credit available and a certificate upon successful completion of the course. The course will be dynamic and interactive, with weekly discussions, readings and brief presentations.

Objectives:

1. Explain the role of peer reviews in biomedical journals.
2. Describe best practices for peer reviewing manuscripts.
3. Apply available Health Research Reporting Guidelines (i.e., EQUATOR network) in the critique of manuscript examples.
4. Discuss the current challenges in peer reviewing (e.g., publication bias, fraud and plagiarism).
5. Recognize the personal benefits of peer reviewing (e.g., academic recognition and

advancement; advancing patient care with new knowledge; intellectual curiosity and professional satisfaction).

RSVP: mededuc@mmc.org

Note: When we receive your RSVP we will forward the course link and information two weeks prior to October 15.

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Brown Bag Series for Med Staff, Residents and Fellows

The MMC Medical Staff Peer Support Program proudly offers the Brown Bag Series to help enhance existing relationships, forge new bonds and promote a culture of support for the MMC community, with new topics presented each month. Light refreshments are offered, but feel free to bring your own meal.

Identifying Practices that Keep Your Spirit Alive

Speaker: Suzanne G. Roberts, M.D., MDiv

Monday, September 18

Noon - 1 p.m.

Dana Classroom 7

Good self-care is essential in preventing healthcare provider burnout. In this installment of the Brown Bag series Suzanne Roberts, a practicing internist and Episcopal priest, will lead a discussion designed to help participants explore and identify practices which will help them to remain spiritually healthy and resilient, and therefore better equipped to help others. Come prepared to share your most successful self-help tip!

I Don't Remember This Being So Difficult

Acknowledging and developing strategies for our changing cognitive and physical abilities

Speaker: Stuart Abramson, M.D.

Friday, October 27

Noon - 1 p.m.

Dana Classroom 7

Message In a Bottle: What I Would Teach My Younger Self if I Had the Chance?

Speaker: Christina H. Vietor, D.O., and Kathryn M. Brouillette, M.D.

Friday, November 20

Noon - 1 p.m.

Dana Center 1

Take Heart: Cultivating Gratitude To Enhance Resiliency

Speaker: Alison M. Samitt, M.D.
Wednesday, December 20
Noon - 1 p.m.
East Tower 2 and 3

RSVP to MedStaff@mmc.org, indicating the date(s) of the session, your name, preferred email address and phone number.

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Publications

Rendina-Ruedy E, Guntur AR, Rosen CJ. [Intracellular lipid droplets support osteoblast function.](#) Adipocyte. 2017 Jul 20:1-9.

Zarate YA, Steinraths M, Matthews A, **Smith W**, Sun A, Wilson LC, Brain C, Allgove J, Jacobs B, Fish JL, Powell CM, Wasserman W, Van Karnebeek C, Wakeling EL, Ma NS. [Bone health and SATB2-associated syndrome.](#) Clin Genet. 2017 Aug 8.

McGrory BJ, Jorgensen AH. [High Early Major Complication Rate After Revision for Mechanically Assisted Crevice Corrosion in Metal-on-Polyethylene Total Hip Arthroplasty.](#) J Arthroplasty. 2017 Jul 14.

Bing-You RG, Holmboe E, **Varaklis K**, **Linder J.** [Is It Time for Entrustable Professional Activities for Residency Program Directors?](#) Acad Med. 2017 Jun;92(6):739-742.

Bing-You RG, **Varaklis K.** [Organizing graduate medical education programs into communities of practice.](#) Med Educ Online. 2016 Jan;21(1):31864.

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Calendar

2017 Med Staff Dinners – Date change

- October 4, East Tower Patio

Dinners begin at 5:30 and run until about 7 p.m.

Maine Medical Center Medical Executive Committee Meeting Schedule 2017

- ~~September 15~~ **Cancelled**
- October 20

- November 17
- December 15

All meetings are held from Noon - 2 p.m. in the Dana Center Boardroom. Lunch is served.

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Story Ideas?

Your participation is essential to making The Scope a dynamic and sustainable publication. Please submit articles of 250-300 words to thescope@mmc.org. Include practitioner's byline with title and appropriate contact for further information. We publish two times each month.

For past copies of The Scope go to: <http://www.mmc.org/newsletter-for-medical-professionals>

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Medical Staff Value, Mission, and Vision Statements

Value Statement

The Medical Staff of Maine Medical Center values both individuality and collaboration. We will continually pursue higher value health care. We embrace a culture of curiosity and life-long learning. We are partners with Maine Medical Center, and we mirror its values of compassion, service, integrity, respect, and stewardship.

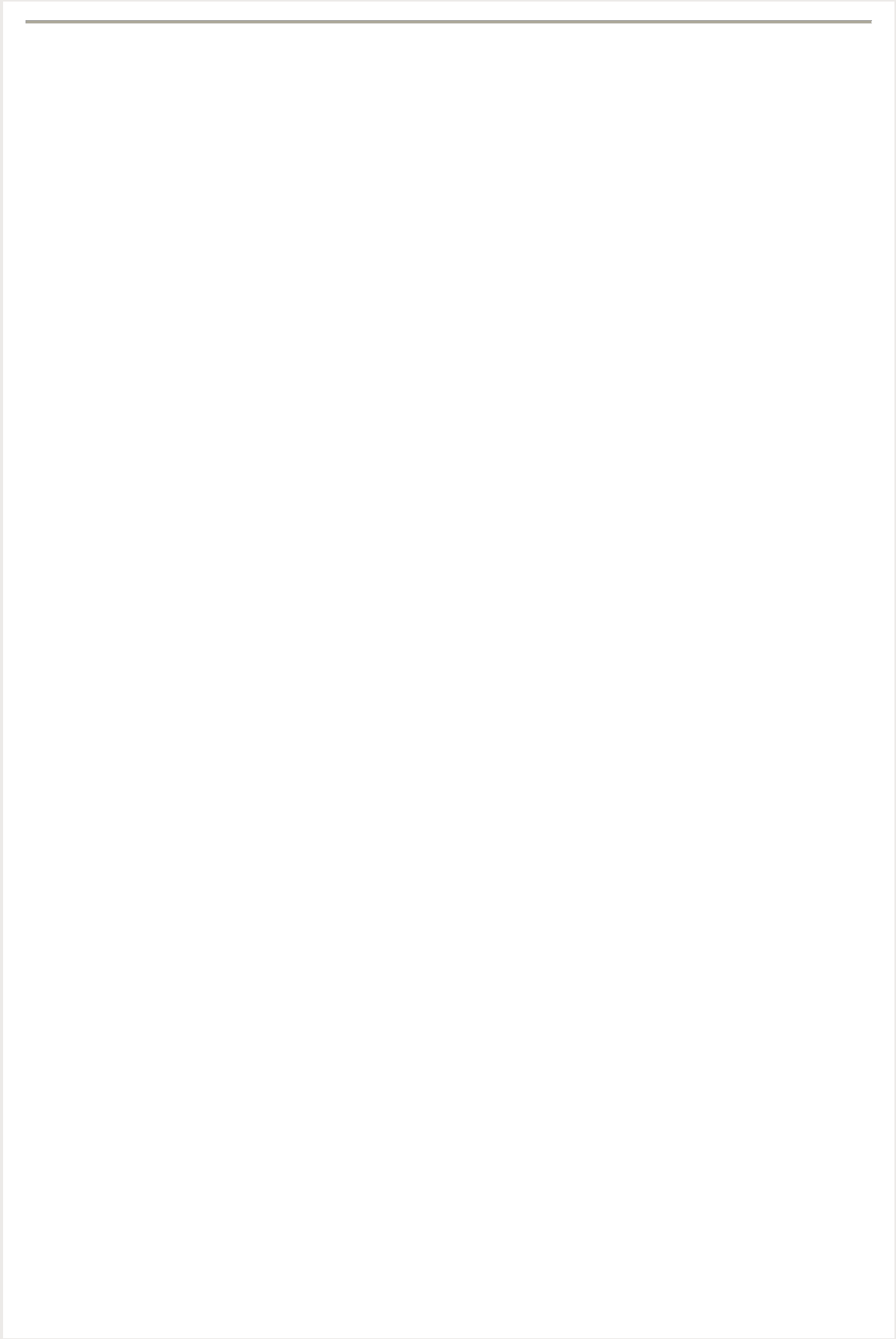
Mission Statement

The Mission of the Medical Staff of Maine Medical Center is to provide affordable, high-quality health care to our community. We teach future health care providers and develop innovative ways to improve the health of our community. In partnership with the Medical Center, we proudly accept our responsibility as one of Maine's leaders in patient care, education, and research.

Vision Statement

The Medical Staff of Maine Medical Center will be the driving force within Maine Medical Center leading the way to making Maine the healthiest state in the nation.

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Maine Medical Center
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centered around you

www.mmc.org

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