

# The Scope

A Newsletter for Medical Professionals

February 9, 2017

***“The second you allow your awareness to rest on a single point, you begin to focus, and awareness disappears.”***

**- Hanshi John Poliquin**

The Scope appreciates the enthusiastic response of readers contributing quotes. This quote was submitted by Cindy Boyack. John Poliquin is Cindy’s martial arts instructor, a 10<sup>th</sup> dan (degree) black belt in Ninjitsu. Please submit a favorite you’d like to share with others by emailing [The Scope](mailto:thescope@mmc.org).

## [A Compact Between Maine Medical Center and Its Medical Staff](#)

### **Peer Support**

*for the MMC Medical Staff*

[PeertoPeer@mmc.org](mailto:PeertoPeer@mmc.org)

Physician leader: Christine Irish, MD

Confidential \* One-on-One \* Peer Support

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## **Dear Members of the Maine Medical Center Medical Staff,**

You, the organized medical staff, are a remarkable group with the unique skills and passion to care for patients, educate learners, conduct research and advocate for our communities. With more than 1,600 members, you create the culture of our organization while shaping and powering the plans to achieve our mission.

This issue starts with a feature on MaineHealth and MMC organizational **Values**, followed by a piece that outlines the elements of MMC’s **2017 Annual Implementation Plan (AIP)** in the context of a “house” (see diagram). The house is built on a foundation of values supporting floors of priorities and mission – topped with the vision. Note the four strategic priorities parallel the quadruple aim. In the piece that follows, Dr. DiGiovanni describes the

toll of **Adverse Childhood Experiences** (ACES) on the health of individuals and communities. He conveys one of the 2017 AIP goals: to train our teams about ACES.

Thanks to all of you who shaped and are already working on these plans. For others: What can you do? Familiarize yourself with the 2017 AIP; identify parts that resonate with you and your practice. Talk within your teams, collaborate across groups and work together with leaders to accomplish goals.

Please see the updates about **MaineHealth Governance Unification Discussions**. What do you know? What do you think? [Complete the survey](#) if you have not done so already. Medical Staff across our system are at the table. MMC representatives on the physician advisory committee are: Chris Cary, John Bancroft, Steve Gorman and the two of us (Lisa and Joel).

Read on for two practical items about central lines: One, a new **Vascular Positioning System for PICC placement**, and two, clarification of policy -- **Do not draw blood cultures off central lines in adults**.

Do you want a well-done single page reference for prescribing opiates? Check out the link for the Opioid Prescribing Fact Sheet – the kind you’ll want to print and post.

And last but not least, see your colleagues in the news and publishing in the literature.

We hope you all successfully weathered blizzard NIKO. Looks like we're in for more snowy weather.

Stay warm, stay well,



*Joel Botler M.D.*

**Joel Botler, M.D.**  
*Chief Medical Officer*



*Lisa Almeder*

**Lisa Almeder, M.D.**  
*Medical Staff President*

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## In This Issue

[MMC's Values Support Successful Interactions](#)

[2017 Annual Implementation Plan Reaffirms MMC's Commitment to Community](#)

[Adverse Childhood Experiences](#)

[MaineHealth Governance Unification](#)

[New System for PICC Placement](#)

[Policy Clarification: Do Not Draw Blood Cultures off Central Lines in Adults](#)

[Revised Opioid Prescribing Fact Sheet](#)

[Grand Rounds and MMCCI Welcome Reception](#)

[People In The News](#)

[Publications](#)

[Calendar](#)

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## MMC's Values Support Successful Interactions

MMC's 2017 Values in Action program will set aside time each of the next six months to celebrate MMC's shared values and the many ways we live them.

Our values are now aligned with all organizations across the MaineHealth system. In addition, we have added Excellence as a core value, taking its place along with Patient Centered, Respect, Integrity, Ownership and Innovation.

Our values guide us in how we interact with each other, with our patients and families and with our community partners. We all represent MMC. By consistently behaving in a Values-driven manner, we can successfully achieve our vision of *Working together so our communities are the healthiest in America.*



<sup>[1]</sup> Maine Kids Count, 2017  
<sup>[2]</sup> <http://acestoohigh.com>

Our Values in Action program schedule is:

- February – Patient Centered
- March – Respect
- April – Integrity
- May – Excellence
- June – Ownership
- July – Innovation



*centered around you*

[www.mmc.org](http://www.mmc.org)

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