

# The Scope

A Newsletter for Medical Professionals

July 27, 2017

***“In examining disease, we gain wisdom about anatomy and physiology and biology. In examining the person with disease, we gain wisdom about life.”***

***- Oliver Sacks, M.D., Neurologist***

The Scope appreciates the enthusiastic response of readers contributing quotes. Please submit a favorite you'd like to share with others by emailing [The Scope](#).

## [A Compact Between Maine Medical Center and Its Medical Staff](#)

### **Peer Support**

*for the MMC Medical Staff*

[PeertoPeer@mmc.org](mailto:PeertoPeer@mmc.org)

Physician leader: Christine Irish, MD

Confidential \* One-on-One \* Peer Support

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## Dear Members of the Maine Medical Center Medical Staff,

We hope you are having the best days of summer, enjoying some time to celebrate family and friends and also thriving in your clinical, academic and research pursuits.

We thank you, the medical staff, for your energies during The Joint Commission visit and your continued attention to [prepare for the CLER visit](#) which will be any day now.

Please know The Joint Commission visit was robust and remarkably detailed in breadth and depth with more reach into our ambulatory realm than any prior survey. The survey identified our strengths – numerous examples of best practice – as well as several areas requiring improvement, which is underway. We will have more detail about The Joint Commission visit in our next issue.

Read on for good news that includes: a new initiative for [GME wellness](#), a [new class of MMC medical students](#) and [a recent visit by Senator Collins](#) who toured MMCRI and celebrated their new NIH Grant.

Read further and get activated for upcoming CLER visit, [faculty development conferences](#) and [Paul Cox Quality award](#).

Please consider and ask yourselves:

- How will you shape Professional Development for yourself, your group and our medical staff?
- Who will you nominate for the Paul Cox Quality Award?

Send us your thoughts on these and any other issues.

Sincerely,  
Lisa and Joel



*Joel Botler MD*

**Joel Botler, M.D.**  
Chief Medical Officer



*Lisa Almeder*

**Lisa Almeder, M.D.**  
Medical Staff President

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## **In This Issue**

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## **MaineHealth Unification Website and Video**

The [MaineHealth unification website](#) features a new video that helps explain why unification is now a consideration for Maine Medical Center and our other MaineHealth member hospitals. Take a moment to watch the video, share with your colleagues and continue the conversation. You will also see the Unification Community Forum Schedule, a listing of dates and locations for community members to share their thoughts and have their questions answered.



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## 'Joint' Visit Complete, Getting Ready for CLER

Thank you to everyone for your preparation and assistance during The Joint Commission (TJC) visit earlier this month. We will have a wrap up of the visit in a future issue of The Scope.

We continue to prepare for the Clinical Learning Environment Review (CLER) visit, which will be any day now. This is similar to a TJC visit, but with a focus on how our organization integrates academics and GME into our structure and function.

Take a look at these "CLER clips" for content covered in the upcoming review:

- [CLER Clip #1: Overview](#)
- [CLER Clip #2: Professionalism](#)
- [CLER Clip #3: Supervision](#)
- [CLER Clip #4: Well-Being](#)
- [CLER Clip #5: Care Transitions](#)  
(at right)

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Health Care Disparities

Care Transitions

Supervision

Professionalism

What you should know about

## Care Transitions

**~25%** of Skilled Nursing Facility residents are readmitted to the hospital

**1 in 5** is the number of patients discharged to their home who an adverse event within 3 weeks- 60% are medication related and could have been avoided

**16** is the number of physicians individuals with chronic conditions may see in a year

source: NTQCC.org

### Did you know?

**The acute care service of the General Surgery Residency Program is currently piloting a standardized handoff tool called I-PASS**

\*I-PASS is an evidence-based bundle of interventions created to reduce communication failures during patient handoffs.\*

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Illness severity

Patient summary

Action items

Situation awareness & contingency planning

Synthesis by receiver

source: ipassinstitute.com

**The Residency Program worked with the I-PASS Institute to train staff, redo their electronic notes and incorporate the standardized handoff tool.**

"Ineffective care transition processes lead to adverse events, and higher hospital readmission rates and costs. One study estimated that 80 percent of serious medical errors involve miscommunication during the hand-off between medical providers."  
source: jointcommission.org

Questions? FMI visit [ACGME.org](http://ACGME.org) or email the Dept of Medical Education at [mededuc@mmc.org](mailto:mededuc@mmc.org)  
Click Here to test your knowledge  
Anyone who accurately completes the quiz by July 31st will be entered to win a fabulous prize

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## Med Ed Takes Part in National Initiative to Support Resident Well-Being

The Medical Education Department has been accepted into a national initiative to help tackle resident wellness. The Alliance of Independent Academic Medical Centers (AIAMC) National Initiative VI is called *Stimulating a Culture of Well-Being in the Clinical Learning Environment*. Members of our MedEd team will be collaborating with 33 other hospitals from across the US over the next 18 months to create and implement a well-being plan that will positively impact the health of our staff both individually and institutionally. They'll be taking part in four on-site learning sessions, as well as monthly networking teleconferences and educational webinars. In reviewing the MMC application to the national initiative, AIAMC noted that we have "a fair bit of experience and have already developed initiatives and a good thought process" around these issues. Improving our care team's well-being is one of MMC's 2017 AIP goals.

For more information: [Mededuc@mmc.org](mailto:Mededuc@mmc.org)

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## Welcome a New Class of Medical Students to MMC

Thursday, July 27, 1 p.m.  
Dana Auditorium

Join your colleagues in welcoming members of the Class of 2021 to the Maine Medical Center - Tufts University School of Medicine Medical School Program – Maine Track. This is the ninth Maine Track class.

The ceremony features a lecture on medical education transformation by George E. Thibault, M.D., President of the Josiah Macy Jr. Foundation, whose mission is to improve the health of the public. Prior to his role as foundation president, Dr. Thibault served as Vice President of Clinical Affairs at Partners Healthcare System in Boston and Director of the Academy at Harvard Medical School.

The Maine Track program was founded to address the shortage of doctors in the state – especially in rural areas – and offer Maine's brightest students the financial means to pursue a career in medicine.

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## Senator Susan Collins Tours MMCRI

U.S. Sen. Susan Collins toured the Maine Medical Center Research Institute (MMCRI) on Friday, July 21, following the recent award of a \$20 million National Institutes of Health (NIH) grant to the institute and its partners to establish the Northern New England Clinical and Translational Research Network.



“These research efforts and the broad benefits that they bring to our state, would not be possible without the support of the NIH and other federal agencies that fund biomedical research,” says Don St. Germain, VP of Research, MMC, and Director, MMCRI. “Senator Collins shares our passion for the importance of biomedical research, and our values as scientists and healthcare professionals - values of caring, curiosity, determination, and thoughtful discourse.”

MMCRI investigators briefed Senator Collins on the consortium during her visit, and the senator toured research labs housed at the institute’s Scarborough campus.

“This \$20 million grant will help spur the advancement of treatments, means of prevention, and cures for diseases that affect nearly every American family. The establishment of this consortium is a true credit to the skilled scientists at the Maine Medical Center Research Institute and its partnering institutions, including the University of Southern Maine,” says Senator Collins. “As a senior member of the Appropriations Committee, I have strongly advocated for increased funding for biomedical research. By helping to foster collaboration among researchers and implement innovative medical treatments, this investment will help us conquer many diseases that take an emotional and financial toll.”

Clifford Rosen, M.D., Director of the Center for Clinical and Translational Research at MMCRI, and Gary Stein Ph.D., Director of the University of Vermont Cancer Center and Chair of the Department of Biochemistry at the University of Vermont College of Medicine, will co-lead the network.

*Pictured above: Senator Collins (l) and Leif Oxburgh, Faculty Scientist, tour an MMCRI research lab.*

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## 6th Annual Faculty Development Conference

Wednesday, September 27

8 a.m. - 3 p.m.

Dana Center

Keynote Speaker: Graham T. McMahon, M.D., MMSc, CEO, Accreditation Council for Continuing Medical Education (ACCME®), presents, “The Leadership Case for Investing in Continuing Professional Development.”

Dr. McMahon is the President and Chief Executive Officer of the ACCME, which sets standards for high-quality continuing medical education (CME) that supports physicians’ commitment to lifelong learning, improves their competence and performance, and drives healthcare improvement for patients and their communities. Dr. McMahon directs the ACCME system for accrediting national and international CME providers, and the ACCME system for recognizing state and territory medical societies as accreditors for intrastate CME providers.

[See the conference flyer, agenda and registration.](#)

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## Paul Cox Quality Award - Nominations Now Being Accepted

Maine Medical Center is revitalizing the Paul Cox Quality Award. A highly respected clinician and teacher, Dr. Cox was a role model for continuously striving to perfect patient care. We are honored to announce the revitalization of the prestigious Paul Cox Quality Award, recognizing teams and projects that reflect and embody his remarkable spirit of continuous improvement.

Submissions will be accepted through August 15. The Submission Form may be found the [OpEx site](#) and sent to [Ruth Hanselman](#).

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## Research Retreat Features Presenters from Across MMC

The 2017 Costas T. Lambrew Research Retreat in May included distinguished keynote speaker Vasana Ramachandran, M.D., D.M., FACC, FAHA, Principal Investigator, Framingham Heart Study, Professor of Medicine and Epidemiology, Boston University School of Medicine. Scientific presentations and dozens of poster presentations were featured by staff from across the medical center.

[Click here to see the full list of presentations.](#)

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## Publications

**Morris JG, Carter EL, Martin SA.** [Stroke: Secondary prevention of ischemic events.](#) J Fam Pract. 2017 Jul;66(7):420-427.

Newell K, **Smith W**, Ghoshhajra B, Isselbacher E, Lin A, Lindsay ME. [Cervical artery dissection expands the cardiovascular phenotype in FBN1-related Weill-Marchesani syndrome.](#) Am J Med Genet A. 2017 Jul 11

**Motyl KJ**, Beauchemin M, Barlow D, **Le PT**, Nagano K, **Treyball A**, Contractor A, Baron R, **Rosen CJ**, Houseknecht KL. [A novel role for dopamine signaling in the pathogenesis of bone loss from the atypical antipsychotic drug risperidone in female mice.](#) Bone. 2017 Jul 6.

**Chaudhry W, Cohen MC.** [Cardiac Screening in the Noncardiac Surgery Patient.](#) Surg Clin North Am. 2017 Aug;97(4):717-732.

Cole AP, Jiang W, Lipsitz SR, Learn PA, Sun M, Choueiri TK, Nguyen PL, Kibel AS, Menon M, **Sammon JD**, Koehlmoos T, Haider A, Trinh QD. [The Use of Prostate-Specific Antigen Screening in Purchased Versus Direct Care Settings: Data from the Tricare Military Database.](#) J Urol. 2017 Jul 14.

Sittig DF, **Belmont E**, Singh H. [Improving the safety of health information technology requires shared responsibility: It is time we all step up.](#) Healthc (Amst). 2017 Jul 14.

**Stohn JP, Martinez ME**, Zafer M, **López-Espíndola D**, Keyes LM, **Hernandez A.** [Increased Aggression and Lack of Maternal Behavior in DIO3-Deficient Mice are Associated with Abnormalities in Oxytocin and Vasopressin Systems.](#) Genes Brain Behav. 2017 Jul 17.

**Haydar S, Spanier M, Weems P, Wood S, Strout T.** [Comparison of qSOFA score and SIRS criteria as screening mechanisms for emergency department sepsis.](#) Am J Emerg Med. 2017



Jul 6.

**Robich MP**, Krafcik BM, Shah NK, Farber A, Rybin D, Siracuse JJ. [Analysis of "never events" following adult cardiac surgical procedures in the United States.](#) J Cardiovasc Surg (Torino). 2017 Oct;58(5):755-762.

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## Calendar

### 2017 Med Staff Dinners – Date change

- October 4, East Tower Patio

Dinners begin at 5:30 and run until about 7 p.m.

### Maine Medical Center Medical Executive Committee Meeting Schedule 2017

- August 18
- September 15
- October 20
- November 17
- December 15

All meetings are held from Noon - 2 p.m. in the Dana Center Boardroom. Lunch is served.

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## Story Ideas?

Your participation is essential to making The Scope a dynamic and sustainable publication. Please submit articles of 250-300 words to [thescope@mmc.org](mailto:thescope@mmc.org). Include practitioner's byline with title and appropriate contact for further information. We publish two times each month.

For past copies of The Scope go to: <http://www.mmc.org/newsletter-for-medical-professionals>

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## Medical Staff Value, Mission, and Vision Statements

### ***Value Statement***

The Medical Staff of Maine Medical Center values both individuality and collaboration. We will continually pursue higher value health care. We embrace a culture of curiosity and life-long learning. We are partners with Maine Medical Center, and we mirror its values of compassion, service, integrity, respect, and stewardship.

### ***Mission Statement***

The Mission of the Medical Staff of Maine Medical Center is to provide affordable, high-quality health care to our community. We teach future health care providers and develop innovative ways to improve the health of our community. In partnership with the Medical Center, we proudly accept our responsibility as one of Maine's leaders in patient care, education, and research.

### ***Vision Statement***

The Medical Staff of Maine Medical Center will be the driving force within Maine Medical Center leading the way to making Maine the healthiest state in the nation.

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Maine Medical Center  
MaineHealth

*centered around you*

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