

The Scope

A Newsletter for Medical Professionals

May 10, 2017

“If you are going to achieve excellence in big things, you develop the habit in little matters. Excellence is not an exception, it is a prevailing attitude.”

- Colin Powell, former Secretary of State

The Scope appreciates the enthusiastic response of readers contributing quotes. Please submit a favorite you'd like to share with others by emailing [The Scope](#).

[A Compact Between Maine Medical Center and Its Medical Staff](#)

Peer Support

for the MMC Medical Staff

PeertoPeer@mmc.org

Physician leader: Christine Irish, MD

Confidential * One-on-One * Peer Support

Dear Members of the Maine Medical Center Medical Staff,

The month of May will bring sunshine and warmth. It also brings us opportunities to recognize Excellence in our tri-part mission:

Patient Care: A new optional [Inpatient Pharmacy Warfarin Dosing Service](#) starts next week. The trials of this service showed advantage in attaining and maintaining inpatients' INRs in the desired and safe therapeutic range. Learn more about this service developed to enhance the care of hospitalized patients.

Education: See the links for [CME opportunities](#) below – a newly produced module on Coumadin provides great overview, addresses nuances and includes challenging questions. If you missed the previously produced and positively reviewed modules on Transfusion

Medicine and Restraints & Seclusion – catch them here.

Research: Last week's [Bench to Bedside Research Retreat](#) was a huge success and especially poignant as Dr. Gus Lambrew was honored for his work and legacy championing academics and research for our organization.

Have you attended a [Medical Staff Brown Bag Lunch](#) yet? They are good for the soul, spirit and our social culture. Please join your colleagues and attend a lunch. Read below for the reviews on recent topics and for details on upcoming talks.

We look forward to seeing you Monday, May 22, at the Town Hall ([more detail below](#)).

Sincerely,



A handwritten signature in black ink that reads "Joel Botler MD".

Joel Botler, M.D.
Chief Medical Officer



A handwritten signature in black ink that reads "Lisa Almeder".

Lisa Almeder, M.D.
Medical Staff President

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MaineHealth Governance Unification Discussions – Information

By Physician Advisory Subcommittee Co-Chairs John Bancroft, M.D., Maine Medical Center, and Brian Nolan, M.D., Western Maine HealthCare

The Physician Advisory Subcommittee to the Unification Workgroup conducted a survey of medical staff members throughout MaineHealth in February. A principle finding of this survey was that medical staffs want more information and communication. We heard you.

Please follow these links to get more information about MaineHealth's governance model and the ongoing discussions about system-wide unification. Note the cumulative information, the last link is newest in the series we have been running in the SCOPE.

The attachments to this email are the final documents in a three-part communication series sponsored by the Physician Advisory Subcommittee.

1. [Current Governance Model](#): What is MaineHealth's Current Governance Model? What does it enable and what does it hinder? March 21, 2017
2. [Proposed Changes](#): What changes to MaineHealth's governance model are under exploration? What benefits could they offer? What risks might they involve? April 11, 2017
3. [Role of Local Leaders in a Unified MaineHealth](#): If MaineHealth were to implement

changes to its governance model, how would local input regarding patient care be heard? How would the role of local clinical, administrative, and board leaders change? April 25, 2017

MMC Medical Staff Town Hall Forum: *MaineHealth Governance Unification*

Monday, May 22, 5:30 - 7:30 pm

Dana Auditorium

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New Inpatient Coumadin Dosing Service coming to MMC

By Wes Zemrack, PharmD, Anticoagulation Specialist

On Monday, May 15, the Pharmacy department is launching an inpatient warfarin dosing consult service for all patients at MMC. This is an opt-in consult service, so providers can choose to have their patients' warfarin dosed by Pharmacy or can opt to continue dosing for themselves. Our pharmacists will provide daily assessment of interactions, nutritional status, INR response, and other factors and will order warfarin doses on a daily basis. In addition, pharmacists will provide recommendations on bridging with parenteral agents while in the hospital and upon discharge.

More information will be emailed out soon on how to order the consult, provider responsibilities, pharmacist responsibilities, and other frequently asked questions.

[Print or review a copy of MMC's Inpatient Warfarin Dosing Service Policy here.](#)

For more information: [Wes Zemrak, PharmD](#)

Please note: All clinical providers are invited to learn more about Coumadin and earn CMEs - [see next article](#).

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Link, Look, Learn and Earn – Continuing Education Topics

By Paul Begin, Manager, MaineHealth Educational Services & Learning Community

Here is a new section to afford the medical staff a link to CME tools created to support our delivery of excellent care.

You are invited to visit and use this section of The SCOPE to learn and earn CME hours.

Please see the newly developed module on WARFARIN and two existing modules on Transfusion Medicine as well as Restraints and Seclusion.

Incidentally, this is a timely opportunity as the Joint Commission will visit in coming months. Surveyors may ask you about clinical practice related to these topics:

Warfarin

Title: Warfarin Dosing Per Pharmacy Competency 2017

Launch Date: 4/5/17

Completion Time: 1 hr.

Link: <http://www.mh-edu.org/anticoagulant>

Transfusion Medicine

Title: MaineHealth Transfusion Medicine Knowledge Assessment Quiz

Launch Date: 1/24/17

Completion Time: 15 - 20 minutes

Link: <http://www.mh-edu.org/transmed>

Restraint

Title: Violent and Self-Destructive Restraint & Seclusion – Best Practices

Launch Date: 7/28/16

Completion Time: 30 - 35 minutes

Principal Faculty: John Campbell, II, M.D., FANPA

Link: <http://www.mh-edu.org/restraintandseclusion>

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Research Retreat Recognizes Costas T. Lambrew, M.D.

To honor the legacy of Costas T. Lambrew, M.D., MMC's research retreat will now carry his name: The Annual Costas T. Lambrew, M.D., Maine Medical Center Research Retreat. The naming recognizes the many contributions of Dr. Lambrew to the academic mission and culture at MMC over his decades of service.

Dr. Lambrew (known to colleagues as "Gus") worked at MMC from 1977 until he retired as Chief of Cardiology in 2004. Dr. Lambrew began at MMC as a Physician Educator in Emergency Medicine, followed by positions as VP of Health Affairs; Director, Division of Cardiology and CICU; and finally Chief of Cardiology.

Among his many achievements while at Maine Medical Center, Dr. Lambrew led a highly successful Cardiology fellowship program which trained many of the cardiology attending physicians working at MMC and MaineHealth today. He also brought nationally recognized thrombolysis in myocardial infarction ("clot buster") trials to MMC, which advanced care for patients with acute heart attacks and launched the modern era of clinical research at

MMC.

Dr. Lambrew received his B.A. from Wesleyan University in 1953, and his medical degree from Cornell University Medical College in 1957. He has been an active member and held various positions with the American Heart Association, American Medical Association, NHLBI, and Joint Commission for Accreditation of Healthcare Organizations. In addition, he was a fellow with the American College of Physicians and American College of Cardiology.

[See more of Dr. Lambrew's accomplishments and research publications in his CV.](#)

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Family Medicine Providers Awarded TUSM Grant

By Peggy R. Cyr, M.D., M.A.

Peggy Cyr, M.D., M.A., Julie Schirmer, LCSW, and Vicki Hayes, M.D., members of the Department of Family Medicine, were awarded a \$19,500 TUSM's Innovation in Education Grant for the following project: Incorporating Interprofessional Standardized Patient Experiences into the TUSM 3rd Year Clinical Skills Interclerkship Day.

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Brown Bag Series Enjoying Initial Success

By Christine Hein, M.D., and Dyan Albano

The MMC Medical Staff Peer Support Program introduced a monthly Brown Bag series in March, which has been met with extremely positive feedback by participants. The first topic, "Protecting the Joy in Clinical Practice", was hosted by Dr. Virginia Eddy. We had thought that the Medical Staff Lounge would be a comfortable space for the series – but outgrew the venue in the first meeting! Participants represented a wide range of demographics, in terms of specialty, age, and career tenure. Feedback was overwhelmingly positive; participants were so glad to connect with one another in a social way. Dr. Eddy led the conversation artfully, with both gravity and humor. Participants were reminded why they chose to go into healthcare in the beginning. Some feedback included:

- *"Great way to enhance peer conversations!"*
- *"This was wonderful! Looking forward to the next one!"*

The second session was led by Dr. Robyn Ostrander, on the topic "The Pragmatics of Suicide: A guide for the clinician-survivor." Participants were riveted as Dr. Ostrander

described her personal experience, including the impact on her personally and professionally. The discussion included the impact and circles of people affected by suicide, tips for self-care and coping mechanisms, and resources available. This session was also well-attended, and participants described with shining eyes how rewarding the conversation was to them. Several people voiced that they would care differently for themselves, and their peers, in the future. One participant says:

- *“Thank you to Robyn for sharing her experience and making space in our busy, frenetic lives.”*

Please join us for an upcoming Brown Bag. [See the schedule below](#) and in each issue of The Scope.

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Upcoming Brown Bag Lunch Series

The MMC Medical Staff Peer Support Program proudly offers the Brown Bag Lunch Series to all Medical Staff, Residents and Fellows. The practice of medicine can be rewarding, enormous, challenging and overwhelming all at the same time. We often hear from our peers how satisfying it can be to connect with one another professionally and personally, to have an opportunity to hear from others who have “been there” or who are “going through the same thing.” We hope that this lunch series will help enhance existing relationships, forge new bonds and promote a culture of support for the MMC community. New topics will be presented each month in a focused but informal discussion. Coffee and tea, as well as healthy light refreshments will be offered, but feel free to bring your own lunch.

Lateral Violence in Healthcare: Can Emotional Intelligence Help?

Speaker: Nathan W. Mick, M.D.

Tuesday, May 16

Noon - 1 p.m.

Dana classroom 7

Objectives:

- Understand the key facets of Emotional Intelligence and how to develop them
- Describe lateral violence and the impact of poor emotional intelligence
- Describe techniques to employ Emotional Intelligence in times of interpersonal conflict

Assessment of the Senior Physician: Safe Doctor, Safe Patient

Speaker: William F. D’Angelo, M.D.

Tuesday, June 13

7 - 8 a.m.
Dana classroom 7

This discussion will focus on how to assess the senior physician from a cognitive and decision making viewpoint, and how that relates to the maintenance of good patient safety and care. Dr. D'Angelo describes how the senior physician can purposefully transition to a more appropriate but still valued role with the health care team.

Summer Break: July and August. See you in September!

RSVP: MedStaff@mmc.org, and please indicate the date(s) of the session, your name, preferred email address and phone number.

We want your feedback! If you would have attended this Brown Bag if not for obstacles, please identify those obstacles. We plan to alter the timing and campus location as the series matures. Would you like to partner with us to schedule one of these topics in a more convenient location?

Questions? Dyan Albano, 662-3404

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Publications

Cooper TM, Sison EA, Baker SD, Li L, Ahmed A, Trippett T, Gore L, Macy ME, Narendran A, August K, Absalon MJ, Boklan J, **Pollard J**, Magoon D, Brown PA. [A phase 1 study of the CXCR4 antagonist plerixafor in combination with high-dose cytarabine and etoposide in children with relapsed or refractory acute leukemias or myelodysplastic syndrome: A Pediatric Oncology Experimental Therapeutics Investigators' Consortium study \(POE 10-03\)](#). *Pediatr Blood Cancer*. 2017 Apr 14.

Oxburgh L, Muthukrishnan SD, Brown A. [Growth Factor Regulation in the Nephrogenic Zone of the Developing Kidney](#). *Results Probl Cell Differ*. 2017;60:137-164.

Li P, Karaczyn AA, McGlaufflin R, Favreau A, Jachimowicz E, Vary C, Xu K, Wojchowski DM, Sathyanarayana P. [Novel Roles for Podocalyxin in Regulating Stress Myelopoiesis, Rap1a and Neutrophil Migration](#). *Exp Hematol*. 2017 Apr 10.

Hussey DK, McGrory BJ. [Ten-Year Cross-Sectional Study of Mechanically Assisted Crevice Corrosion in 1352 Consecutive Patients With Metal-on-Polyethylene Total Hip Arthroplasty](#). *J Arthroplasty*. 2017 Mar 18.

Lima JG, Nobrega LH, Lima NN, Dos Santos MC, Baracho MF, Winzenrieth R, Bandeira F,

Mendes-Aguiar CO, Neto FP, Ferreira LC, **Rosen CJ**, Jeronimo SM. [Normal bone density and trabecular bone score, but high serum sclerostin in congenital generalized lipodystrophy.](#) Bone. 2017 Apr 5.

Rope RW, Pivert KA, **Parker MG**, Sozio SM, Merell SB. [Education in Nephrology Fellowship: A Survey-Based Needs Assessment.](#) J Am Soc Nephrol. 2017 Apr 20.

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Calendar

2017 Med Staff Dinners – Save the Date

- September 20, East Tower Patio

Dinners begin at 5:30 and run until about 7 p.m.

Maine Medical Center Medical Executive Committee Meeting Schedule 2017

- May 19
- June 16
- July 21
- August 18
- September 15
- October 20
- November 17
- December 15

All meetings are held from Noon - 2 p.m. in the Dana Center Boardroom. Lunch is served.

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Story Ideas?

Your participation is essential to making The Scope a dynamic and sustainable publication. Please submit articles of 250-300 words to thescope@mmc.org. Include practitioner's byline with title and appropriate contact for further information. We publish two times each month.

For past copies of The Scope go to: <http://www.mmc.org/newsletter-for-medical-professionals>

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Medical Staff Value, Mission, and Vision Statements

Value Statement

The Medical Staff of Maine Medical Center values both individuality and collaboration. We will continually pursue higher value health care. We embrace a culture of curiosity and life-long learning. We are partners with Maine Medical Center, and we mirror its values of compassion, service, integrity, respect, and stewardship.

Mission Statement

The Mission of the Medical Staff of Maine Medical Center is to provide affordable, high-quality health care to our community. We teach future health care providers and develop innovative ways to improve the health of our community. In partnership with the Medical Center, we proudly accept our responsibility as one of Maine's leaders in patient care, education, and research.

Vision Statement

The Medical Staff of Maine Medical Center will be the driving force within Maine Medical Center leading the way to making Maine the healthiest state in the nation.

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Maine Medical Center
MaineHealth

centered around you

www.mmc.org

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